



WORLD SPORTS KARATE FEDERATION
(International Non-Olympic Committee)

International Study Center
York University-USA

KATA RULES FOR SEMI AND FULL CONTACT

Different from
Other karate federation
English edition

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KATA RULES

Section 1: KATA COMPETITION AREA

1. The competition area must be flat and devoid of hazard.
2. The competition area must be of sufficient size to permit the uninterrupted performance of Kata.

Section 1.1: AGE

1. For Kata competition the allowed age groups are:

- Level 1 : Below 10 years
- Level 2 : 11-15 years
- Level 3 : 16-20 years
- Level 4 : 21-25 years
- Level 5 : 26-30 years
- Level 6 : 31-35 years
- Level 7 : 36-40 years
- Level 8 : 41-45 years
- Level 9 : 46-50 years
- Level 10 : 51 years and up

2. Age categories are the same for male and female competitors
3. Boys and girls can be separated
4. Younger competitors can participate only in the next Level.
5. Age divisions will be determined in the following manner: a competitor will be placed in an age division according to his year of birth, not his actual birthday, and he will be required to compete all year in this age category. Positive proof of age will be required at all events.

Section 2: OFFICIAL UNIFORM

2.1 SEMI & FULL CONTACT STUDENT DRESS: There is specific uniform for competitors. They can wear only karate uniform i.e. white and white, which must be clean and decent. Competitors are not allowed to wear any jewellery or piercings of any kind.

2.2 REFEREES AND JUDGES UNIFORM: The official uniform will

be as follows: A white shirt with Full Hand, Red tie, Plain Black trousers, black socks and black shoes for use on the match area. Female referees and judges may wear a hair bands.

Section 3: TYPES OF PERFORMANCE

3.1 There are two type of Kata Performance shall be as follows:

- a) Individual Kata Performance**
- b) Team Kata Performance**

Individual Kata Performance consists of individual performance can be performed by Male and Female. The Team Kata Performance consists of competition between three person teams. Each team is exclusive male or female.

3.2 The Mark System will be applied for both full and semi contact.

3.3 The student can perform any kata from their style but it should be perfect Timing, Stances, punches, kicks and blocks according to the basic technique of the original styles

Section 4: JUDGEMENT OF A MATCH

4.1 The judgement of a Match shall be made by a Five Panel or Three Panel of Judges from different style and In addition, timekeepers, scorekeepers and caller/announcers will be appointed.

4.2 All Matches shall be conducted exclusively upon the instructions of the Chief Referee.

Section 5: CRITERIA FOR DECISION.

In a Kata Match, each performance will not be deemed simply good or bad, but judged according in the essential elements of each basis of judgement based on two different criteria:

5.1) Basic performance: The following basic points must appear in each performance of a Kata:

- a) Kata sequence.

- b) Control of power.
- c) Control of tension and contraction.
- d) Control of speed and rhythm.
- e) Direction of movements.
- f) Understanding Kata technique.
- g) Show proper understanding of the Kata Bunkai.
- h) Ceremony.
- i) Embusen.
- j) Vision.
- k) Stances.
- l) Coordination.
- m) Stability and balance.
- n) Perfection.
- o) Harmony.
- p) Pauses.
- q) Kai.
- r) Breathing.
- s) Concentration.
- t) Spirit.

5.2) Advanced performance. Judges will note the specific points and the degree of difficulty of the performed Kata.

Judgement will be based on:

- a) The mastery of techniques by the contestant.
- b) The degree of difficulty and risk in the performance of the Kata.
- c) The budo attitude of the contestant.

Section 6: SCORING

Kata performance five panel or three panel judges and timer, scorer and announcer.

The mark system for kata performance as follows:

Color Belt : 5.0 to 8.0

Black Belt : 7.0 to 9.0

At the end of each performance, the judges make up their decisions

according to the established criteria. The Scorer will give the mark list to announcer and announcer will announce the mark and entered into the score board. In case of a draw for first, second or third place both the highest and lowest scores will be brought back in, all 5 scores will then be added together, the competitor with the highest score will be the winner. If there is still a draw, the scores are compared and the highest scores are highlighted. The competitor with the most highlighted scores wins.

Section 7 MINUS POINTS AND DISQUALIFICATION

- 1) Minus points. Points will be deducted in these cases:
 - a) For a momentary hesitation in the smooth performance of the Kata quickly remedied, 0.5 should be deducted from the final score.
 - b) For a momentary but a discernible pause, 0.5 points should be deducted.
 - c) For a momentary slight imbalance, and quickly remedied, 0.3 - 0.5 points should be deducted.

- 2) **Disqualification:**
 - a) If the contestant performs the wrong Kata.
 - b) If the Kata is varied.
 - c) If the contestant stops the Kata.
 - d) If the contestant loses balance completely and/or falls.
 - e) If the contestant doesn't perform a Kata of its style.

Section 8: Special Effects

Any special effect, such as lasers, smoke, fire, explosions, etc. will not be tolerated. Infractions to the above-mentioned rule will lead to the immediate disqualification of the competitor.

Five Panel or three Panel Referees mark should be the final.

Summary of Kata Rules

The following rules are apply for Individual Kata events & Team Kata events

1. The “points system” will be used for all kata events, with the total score being announced on the completion of the kata.
2. Competitors can choose to perform any kata they wish; there will be no compulsory kata.
3. Each event will consist of two rounds, with all competitors performing a kata in the first round, the SIX highest scoring competitors progressing to the second round. The remaining six competitors will again perform a kata to decide the final placing. The same kata can be used in both rounds. The score from the first round will **not** be carried forward to the second round.
4. The following rule applies ONLY to the two Black belt kata events
 - A **different** kata must be performed in the all round.
5. In the event of a drawn match, each competitor involved will perform another kata (a kata used in a previous round can be repeated if desired) until a decision is reached. If the draw is between only two competitors, to assist in a decision being reached, the judges will intimate competitor to perform again with different Kata.